



Physicians Caring for Texans

House Committee on Public Health
Testimony by Kimberly Monday, MD, for the Texas Medical Association
Opposing House Bill 3794
April 14, 2025

Good afternoon, my name is Dr. Kim Monday. I am a neurologist from Houston and a member of the Texas Medical Association's (TMA's) Board of Trustees. Thank you, Chair VanDeaver, Vice Chair Campos, and members of this distinguished committee for the opportunity to testify on behalf of TMA in opposition to House Bill 3794.

I have been in practice 28 years. I am a fifth-generation Texan. I have hired, trained, and observed advanced practice registered nurses (APRNs) as part of my clinical team. I have tremendous respect for the nursing field and its leadership. Let me be clear, nurses and physicians are bright and caring individuals who chose their respective professions to serve.

I am here because the public has entrusted me with a license and the expectation that I will provide quality care and keep them safe.

The public also has entrusted you to represent them and keep them safe.

At this moment in time, our state does not have adequate training processes in place to ensure public safety if APRNs are granted independent practice authority.

I am originally from Huntsville, and my 83-year-old parents live there now. I am deeply concerned when I hear intelligent people justify independent APRN practice as a solution to rural care access. Texas should not offer two standards to her citizens, such as, if you live in an urban area you get top-tier, fully trained professionals as physicians, but if you live in Huntsville, you should be happy to have second-class care.

Independent practice for APRNs is not the solution to this problem.

Thank you for the opportunity to share my testimony.